

A Development Programme for Patient & Citizen Leaders

We would like to share with you the opportunity to join the Patient & Citizen Leaders Development Programme North East & Yorkshire.

The purpose of the programme is to provide a development opportunity for patient & citizen leaders who are working with people and services in the NHS. This could be in hospital trusts, general practice, mental health services, community services, research settings or elsewhere.

Who is this programme for?

The programme is for people and patients who have stepped forwards to gift their time, insights and experience to work alongside clinicians and managers to achieve better outcomes for people receiving services. It is for people who would like to build their confidence and skills and to work as partners alongside people working in NHS services, strengthening relationships and building understanding. Participants will be invited to form a new patient/citizen leader peer network.

In return for a place on the programme we ask participants to give their time to share, learn, be curious and to take the learning back into their local NHS organisations in order to influence and make a difference to how things happen.

The programme

The programme will take place over 5 half-day modules. In observance of current social distancing requirements the programme will take place over Zoom, which allows participants to engage in group conversations, undertake smaller group work, welcome guest speakers, watch videos and presentations and work interactively with each other over the five modules.

Module 1: Friday 20th November 2020, 9.30am – 1pm

- The context: what's changed that means working with citizens is vital for the NHS
- Exploring what we can do together & collaborative leadership

Module 2: Friday 27th November 2020, 9.30am – 1pm

- Deepening our understanding of systems
- What needs to happen to for patients/citizens to be partners in the consultation, the service, the organisation and the system?

Module 3: Friday 4th December 2020, 9.30am – 1pm

- Working together with staff (clinicians & managers) – creating the right conditions and relationships for patients/citizens to lead

Module 4: Friday 11th December 2020, 9.30am – 1pm

- What is the work of citizen leaders?
- Building relationships & guiding principles for working together
- Asking powerful questions
- Dialogue & debate

Module 5: Friday 18th December 2020, 9.30am – 1pm

Skills that will make a difference:

- Power and conflict (including negotiation)
- How to achieve change that sticks
- Becoming a network

How to join:

To apply for a place on the programme simply complete [this online form](#) by 31st October 2020.

THE DIFFERENCE IT MAKES...

“The programme gave really practical advice, tools and skills to use individually and collectively.”

“I now have more confidence to take on other roles”

“It opens your mind.”

“This is really important and much needed work.”