



Staff Wellbeing Hub

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Co-creating a life worth living following attempted suicide

- Do you (or did you) work in Health care?
- Have you previously attempted to take your own life (5 years ago or longer)?
- Do you want to share your wisdom of this in our research?

Aim: We are hoping to challenge stigma, learn about recovery, prevent suicide and create a different narrative about suicide attempts. We hope that healthcare staff who have attempted to take their own life in the past will share their experiences and learning.

Why: We know this is an unexplored but important area. We know staff who work in healthcare are often uneasy about talking about this but that these attempts are not uncommon. It would be helpful to know what role this has in your work and what has been important and relevant for you in your life and career.

We are recruiting participants for a confidential study focused on the impact of attempting suicide in health care staff population. The anonymous online survey (15-40 minutes) may be followed up by an optional Interview (40 – 60 minutes).

You can take part in the online survey only or offer to participate in a follow up interview too.

[Link to online survey](#)

If you need more information, please contact:

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