

Dementia Friendly Darlington



Making our communities more dementia friendly

Here is our latest news and some of the ways in which you, your organisation, service or business can take part.

Become a Dementia Friend online!

Thursday December 10th 1.00 – 1.30 pm
Book your place [HERE](#)

Thursday January 21st 1.00 – 1.30 pm
Book your place [HERE](#)

Thursday March 4th 1.00 – 1.30 pm
Book your place [HERE](#)



I'm a
Dementia
Friend

You can join me at
dementiafriends.org.uk

Find out more about dementia and the ways in which you can take action to change the way we think, talk and act about dementia in our communities!

Virtual Carols at Christmas

Unite at Christmas and enjoy a wonderful evening of virtual festivities starting at 6.30pm Thursday 17 December.



Due to these unprecedented times, this year the Alzheimer's Society have chosen to make their annual 'Carols at Christmas' event virtual.

Click [HERE](#) to find out more and get your ticket.

www.alzheimers.org.uk

Image: Singing for the Brain Choir at Carols at Christmas in London, 2019

www.facebook.com/dementiafriendlydarlington



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Christmas Activity Pack

Tees Valley Museums, working with Teesside Dementia Link Services, based in Stockton, have produced the first of a series of '**Talking Tees Valley Activity Packs**', featuring the story of Christmas objects from different museums around the Tees Valley.

If you would like to be sent a digital copy and to be put on the mailing list for January's pack, which will focus on Locomotive No 1. contact:

Head of Steam Museum, Darlington
E: headofsteam@darlington.gov.uk
T: 01325 405060



Tees Valley
Museums

teesside
dementia
link services

To find out more about Dementia Friendly Darlington contact:

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www.facebook.com/dementiafriendlydarlington

For local specialist Dementia Support & Advice

Email: DarlingtonTeesValley@alzheimers.org.uk or call: 01904 929444 to speak to our **Dementia Support Service**. During Covid19 restrictions we are also able to offer additional support through regular Welfare and Companion Calls.