

## Dementia Action Week 2021

Be part of making Darlington Dementia Friendly!



Alzheimer's Society, **Dementia Action Week** is a national event that sees the public coming together to take action to improve the lives of people affected by dementia. **This year** Dementia Action Week will take place this year on **17 – 23 May 2021**.

**Here are some of the ways in which you, your community, business, or service can take part!**

### Head of Steam Museum, Darlington, opens for Dementia Action Week

As a **Dementia Friendly Museum**, the Head of Steam Museum is welcoming people with dementia, families, friends, and carers back as it opens its doors again to visitors now the Covid-19 restrictions are easing. Come along to see their Dementia Friendly displays and collections for **Dementia Action Week!** All visitors must book online via Eventbrite beforehand, but you pay when you get to the museum. If you are not able to book online, you can phone the museum's friendly staff at Reception and they can book you in over the phone.

**Call:** Head of Steam on 01325 405060 or **visit:** [www.head-of-steam.co.uk](http://www.head-of-steam.co.uk).

### Visit Darlington's Town Centre as it welcomes people back and lights up for Dementia Action Week!

Throughout Dementia Action Week, **Darlington Town Centre** will light up in Dementia Friendly colours of yellow and blue and take part in The Mayor of Darlington's **Darlington Does Denim for Dementia** campaign on **Saturday May 22**

**Be part of changing the way we think, talk and act about dementia!**

**Contact:** [towncentreteam@darlington.gov.uk](mailto:towncentreteam@darlington.gov.uk) to find out more.



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### Sign up to **Dementia Friendly Haughton, Whinfield & Springfield's** Dementia Friends Information Sessions!

For **Dementia Action Week 2021** Dementia Friendly Haughton, Whinfield & Springfield are holding **FREE online Dementia Friends Information Sessions** on:

**Tues May 18th 6 – 6.45 pm**

Click [HERE](#) to find out more and book your place.

**Wed May 19th 12 – 12.45 pm**

Click [HERE](#) to find out more and book your place.

It is your chance to find out more about dementia and the ways in which you can take action to change the way we think, talk & act about dementia in our communities!

### Take part in **Dementia Friendly Cockerton's Dementia Action Week!**

As an active member of Cockerton's Dementia Friendly Community, Dementia Friends Champion, Diane Farrell, at **St Teresa's Hospice** is leading **Dementia Friends Information Sessions** throughout the week for Staff and Volunteers at the Hospice. To inspire colleagues to take action this Dementia Action Week.

**Contact:** Diane at St Teresa's Hospice on **01325 254321** to arrange a Dementia Friends Information Session for your organisation or service in Cockerton.

Dementia Friends Champion Rosie Woodward at **BHP Law**, Cockerton, is leading a public **online Dementia Friends Information Session** for all local businesses, organisations and people living and working in Cockerton on:

**Wednesday May 18 5.15 pm.**

Click [HERE](#) to find out more & book your place!



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### Hairdressers and Barbers of Darlington unite for a dementia friendly challenge!

Chris McEwan, Mayor of Darlington is asking the **Hairdressers** and **Barbers** of Darlington to identify a member of staff to take part in a **30-minute online Dementia Friends Information Session on Thursday May 20<sup>th</sup> 12.30 – 1 pm** in a drive to make Darlington more Dementia Friendly!

If you are one of Darlington's Hairdressers and Barbers and would like to sign up to take part, contact: [chrismcewan1@btinternet.com](mailto:chrismcewan1@btinternet.com)

For further information about **Dementia Action Week** in Dementia Friendly Darlington contact:

Belinda Williams, Dementia Friendly Communities Coordinator, Darlington for further details e: [belinda.williams@alzheimers.org.uk](mailto:belinda.williams@alzheimers.org.uk)  
t:07483137521

[www.facebook.com/dementiafriendlydarlington](https://www.facebook.com/dementiafriendlydarlington)  
[www.dementiafriends.org.uk](http://www.dementiafriends.org.uk)

To find out more about **Dementia Action Week 2021** visit:  
[www.alzheimers.org.uk/get-involved/dementia-action-week](http://www.alzheimers.org.uk/get-involved/dementia-action-week)

