

Our flexible support is tailored to you

We will work with you to make sure you get the right support to meet your goals and aspirations.

This could include support to:

- Build resilience, confidence and self-esteem
- Join and access community groups
- Help address any barriers that might be restricting access to community services and job opportunities
- Maximise financial support and benefits you might be entitled to
- Help manage your caring or childcare responsibilities
- Access to job search, work experience and skills
- Access mainstream or specialist support services

Search **Tees Valley Move Forward** 

Support is fully funded by the UK Government through the UK Shared Prosperity Fund.

