

**Tees Esk and Wear Valley  
Darlington Voluntary and Community Sector Funding  
Resilience Funding – Staying Well**

**Fund lead:**

**Rita Lawson/Janice McColm**

**email: [info@teesvalleyruralaction.co.uk](mailto:info@teesvalleyruralaction.co.uk)**

**Tel: (01642) 213852**

**Overview:**

The NHS England Community Mental Health Framework sets out its ambition and challenge to local providers to redesign and realign community mental health teams alongside primary care and voluntary sector services. Whilst the framework is aimed at those individuals with severe mental illness (SMI) the framework acknowledges that all sectors need to be part of the redesign in order to keep our local communities well.

In keeping with the core principles of this framework, funding has become available for voluntary sector and community groups across the Tees Valley. As such we would welcome bids in line with the following ethos to support our local communities to stay well:

- Supporting local communities to stay well may include supporting individuals with conditions impacting upon their mental wellbeing or those who are currently in recovery.
- Enable individuals to contribute to their local communities and be active participants.
- Support transitions between services to reduce waiting times and allow for “warm handovers” (by this we mean actively supporting individuals to make initial links with, and access, other services where this would best meet their needs). Collaborative working across partners and organisations would be strongly welcomed.
- Bids which promote individuals supporting their physical and mental wellbeing.
- Bids which improve quality of life especially in underrepresented groups or those with health inequalities.
- Applications which recognise the health inequalities of local populations and underrepresented groups to either access services or stay well within their local communities.
- Applications which are people led and demonstrate they have spoken to and involved local communities within the design of the activities the applicant is proposing.
- Applicants can demonstrate they have drawn upon the infrastructure and strengths of the area it is working within and how it can add value.
- Reduction in social isolation.
- Bids which provide a proactive outreach offer as well as in reach.

**Considerations for proposals**

- 1. Focus** – as outlined above, the focus of the investment is on local communities staying well. Please consider the key needs of your community, particularly in terms of health inequalities and under-represented groups and outline how your proposed offer would meet the needs of these groups.

2. **Sustainability** – it is important that any new services or developments to existing services are sustainable, in line with the community transformation agenda for mental health. Please consider how you would ensure that developments are linked to longer term priorities.
3. **Co-creation** – please outline the ways in which you have, or will, engage people who use services/their carers/the local community in helping to shape the offer.
4. **Person centred care** – the principles of person centred care and that which considers the impact and consequences of symptoms resulting from trauma will be clear in all bids. These are likely to include elements such as awareness of difference and diversity, consideration of the role of peer support, offering choice, and working in ways that promote individually tailored care, empowerment, collaboration, trust, and safety. Please outline the ways in which these principles will be considered.

#### **How to Apply:**

Application Forms available through Tees Valley Rural Action, (TVRA) either by telephone (01642 213852) or email [info@teesvalleyruralaction.co.uk](mailto:info@teesvalleyruralaction.co.uk) referencing “TEWV Resilience Funding – Staying Well” in the subject line.

#### **Closing Date for Applications:**

Applications can be submitted by email to [info@teesvalleyruralaction.co.uk](mailto:info@teesvalleyruralaction.co.uk) or by post to Tees Valley Rural Action, 33-34 Cadcam Centre, High Force Road, Middlesbrough TS2 1RH by **5pm Thursday 29<sup>th</sup> September 2022.**

#### **Applicant Eligibility:**

- Applicant does not have to be a registered charity.
- Applicants must be able to demonstrate that they are a group with a set of rules, management structure and either a separate bank account in their name or evidence that funds are held by another organisation, for example a parish council, other registered charity.

#### **Criteria:**

- Funding can be either capital or revenue.
- Minimum grant £2,000.
- Maximum grant £10,000.
- Applications cannot be retrospective.

#### **Approval Process:**

All Applicants will receive an acknowledgement of their application and/or request for further information. Following this, it is the intention that applicants will be contacted within 10 working days of the 29<sup>th</sup> September 2022 closing date as to the outcome of their application.

#### **Monitoring:**

Applicants will be asked to provide quantitative feedback on a quarterly basis with qualitative feedback every 6 months and a final monitoring form when their project has been completed.

## APPLICATION FORM

<b>Name and registered address of organisation:</b>	
<b>Main contact (Name, and job title)</b>	
<b>Contact details (Telephone and email)</b>	
<b>Title of Project/Proposal</b>	
<b>Overall funding requested</b>	<b>£ (Insert amount) (please provide a breakdown of costs if you are requesting an amount greater than £5k)</b>
<b>Background to the Proposal</b> (Please tell us a bit about why this funding is needed. Any details in terms of data/specific focus of the proposal, gaps in existing services for vulnerable groups)	<b><u>Please keep your response to a maximum of 750 words</u></b>
<b>Proposal detail:</b> (What will you do with the funding? How will it be used? What are the proposed aims and outcomes of this proposal? How will you know your proposal has been successful?)	<b><u>Please keep your response to a maximum of 750 words</u></b>

<p><b>Target Group(s)</b>  (Who is this proposal aimed at? Gender/BAME groups/children and families, etc and why?)</p>	<p><b><u>Please keep your response to a maximum of 750 words</u></b></p>
<p><b>Consultation:</b>  (How do you know this proposal is needed? Who have you consulted with? i.e. local communities)</p>	<p><b><u>Please keep your response to a maximum of 750 words</u></b></p>
<p><b>Impact:</b>  (What difference do you anticipate your project will make to local communities and how will you know it has made that difference?)</p>	
<p><b>Monitoring and Evaluation</b>  (Quantitative feedback will be required on a quarterly basis, with qualitative feedback to be provided every 6 months. Please say how you plan to measure impact? See Appendix 1)</p>	

**Sustainability (this is non-recurring funding)**

(Sustainability plans? Exit strategy or how will you link to community mental health framework in terms of community navigator roles and/or working as a system with local partners?)

**Please keep your response to a maximum of 750 words**

## Monitoring and Evaluation Guidance

### Quantitative:

- **Generic information:**
  - Target group, number engaged, gender breakdown and ages
  - Number of individuals engaged and throughput of those retained in the project
- **Staying well:**
  - If applicable: number of peer support contacts
  - If applicable: number of individuals involved in programmes which have supported their physical as well as mental wellbeing
- **Active Participants within the community**
  - If applicable: Number of those individuals who have gained qualifications or employment
  - If applicable: number of volunteering opportunities offered
- **System approach:**
  - If applicable: Reduced waiting times between services
  - If applicable: Avoidance of accessing wider services such as GPs, secondary mental health services
  - Joint working across organisational boundaries (number of partnerships and clear pathways through **number of warm transfers**. (By this we mean actively supporting individuals to make initial links with, and access, other services where this would best meet their needs)

### Qualitative:

- Case studies to understand how this has either prevented an individual(s) mental wellbeing deteriorating or supported an individual(s) recovery.
- Difference this has made to those individuals, underrepresented groups.
- Difference this has made for those individuals who have experience social isolation.
- System approach to working jointly together and building to strengthen local infrastructure.
- Peer support case studies in demonstrating how individuals have been able to stay well.