

# Are you an autistic or neurodivergent adult aged 18+?

## Do you want to connect with others, and make friends in Redcar & Cleveland?

Get in touch to find out more about My Life My Community, accessible wherever you live in Tees Valley.

[www.daisychainproject.co.uk](http://www.daisychainproject.co.uk)



[mylife@daisychainproject.co.uk](mailto:mylife@daisychainproject.co.uk)

01642 531248

**Wednesdays / 3:15pm - 5:15pm**

Senses Wellbeing Centre, Unit 2 Birdswell Court, Watness Avenue, Skelton Industrial Estate, Skelton, TS12 2LL

**SCAN ME!**



**DAISY CHAIN**  
Autism & Neurodiversity



**COMMUNITY FUND**

