

Always the Right Door – making it easier for children and young people to get support for mental health

North East
North Cumbria
Health & Care
Partnership



The voices of children, young people and families are central to improving mental health support. This event is for you if you want to get together with the people who plan, pay for and deliver mental health services across the North East and North Cumbria to make them better, to -

1. understand and overcome what is getting in the way of people getting support
2. work out how to make every door the right door
3. understand how our workers can better support people who have been through trauma

On Wednesday 25 October 2023 10:00 – 16:00

At the Grand Hotel, Gosforth Park, Newcastle upon Tyne, NE3 5HN

You could get involved by -

- Sharing your story- either in person, in writing or as a video
- Being part of a panel of experts, a workshop or co-chair the event
- Or just coming along and getting involved on the day

We want to make it easy for people to take part in this event -

- If you're coming to the event, let us know if you would like us to pay your travel costs or caring costs.
- If you're going to be sharing your story, on a panel, running a workshop or chairing the event we would like to pay you £15 per half day - £30 per full day. Please tell us if you would like to share your story by **15 September**
- We will make the event a safe space- there will be a quiet space and mental health support available.

To find out more please:

- Visit this web page: www.northeastnorthcumbria.nhs.uk/cyp-learning-event/
- Talk to the organisation who sent you this email
- Email nencicbcu.learningandimprovementcommunity@nhs.net
- Or phone 01768 639320